



# Interactive Training Experiences

## Safe Spaces for LGBTQI+ Youth

### Abstract

This workshop will provide a brief overview of current definitions and local trends. It will then dive deeper to discuss how LGBTQI+ youth are at greater risk for suicide attempts, eating disorders, substance use, and homelessness. The biology of intersex people will reveal the science beyond the gender binary. New Jersey state laws will be reviewed as they relate to school districts, curriculum requirements, DCP&P policies, public offices, and businesses. Concrete recommendations will be outlined to provide safe spaces for LGBTQI+ youth and local resources will be highlighted.

### Objectives

At the conclusion of the workshop, participants will be able to:

- Define basic LGBTQI+ terminology and recognize terms to be avoided.
- Explain how creating safe environments for LGBTQI+ youth leads to safer environments for all youth.
- Identify strategies to maintain compliance with New Jersey's curriculum mandates.
- Practice appropriate responses to difficult questions.
- List 2-3 resources that they may utilize for additional information.

**Workshop Length:** 90 minutes

**Participants:** School staff or organizations. (Program will be tailored to your needs.)

In-person workshops are preferred. For online workshops, participants will be asked to keep their cameras on and participate via small group discussions and other interactive exercises.